

LUXE GETAWAYS

SPRING 2017

TRAVEL IN STYLE

10 EXTREME
ADVENTURE TRAVEL EXPERIENCES

A FAMILY'S GUIDE
TO EXPERIENCING
Singapore

2017 Destination Guide
Celebrate Canada

21 FAVORITE
GOLF
RESORT
GETAWAYS
IN THE
**UNITED
STATES**

10 TOP

TRAVEL EXPERIENCES,
PACKAGES & EVENTS

An Insider's Guide to
Miami

A WINE LOVERS GETAWAY TO
BORDEAUX

Plus

UNFORGETTABLE BARGE CRUISES
IN FRANCE AND HOLLAND
WITH ABERCROMBIE & KENT

LUXEGETAWAYS.COM



In addition to world-class spa services and body treatments, these hotels also offer wellness menus that cater to healthy eating, as well as more specific lifestyle menus such as gluten-free, local and vegan.

BY DAMON M. BANKS

Eric Hrubant is recognized for his passionate approach to his work within the travel industry. As a trained social worker, he now uses these skills to take the stress out of the travel process – making travel easier and more enjoyable for his clients. Being able to know when a flight is cancelled and proactively work to get his client on an alternate flight (often with a good seat or upgrade) is his specialty. Eric understands that everyone works really hard; and that in today's world, having a travel professional as a dedicated ally is essential for everyone's sanity, and the bottom line.

The term "Wellness" is one seen a lot these days, so Eric wanted to further explore this topic, while also highlighting five of his favorite wellness hotel and resort destinations. What do you think of when you hear the term "Wellness Travel"? Perhaps a long weekend at a luxury spa, or maybe a week being pampered at an exclusive Caribbean resort? What if you could incorporate "Wellness" into your next business trip? What if you could actually feel invigorated during your frequent business travel?

When planning your next business trip or executive retreat, selecting an urban spa/hotel can be a life changer. Fortunately, the luxury travel consultants at CIRE Travel work with a collection of some of the most desirable and distinguished properties that are ideal for any CEO that values active luxury, and the wellness lifestyle. In addition to world-class spa services and body treatments, these hotels also offer wellness menus that cater to healthy eating, as well as more specific lifestyle menus such as gluten-free, local and vegan. Additional perks can include services and amenities to help you sleep better, work out smarter or even have less stress in your everyday routines.



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Eric Hrubant of CIRE Travel Explores Wellness Travel Options

Here are Eric's favorite urban wellness hotels:

1. HOTEL CAFÉ ROYAL

68 Regent Street, London
hotelcaferoyal.com

This hotel, in the heart of London, is an exclusive sanctuary complete with a wellbeing center – called Akasha – offering classes on nutrition, meditation, reiki and, of course, massage.

Photography: Hotel Cafe Royal

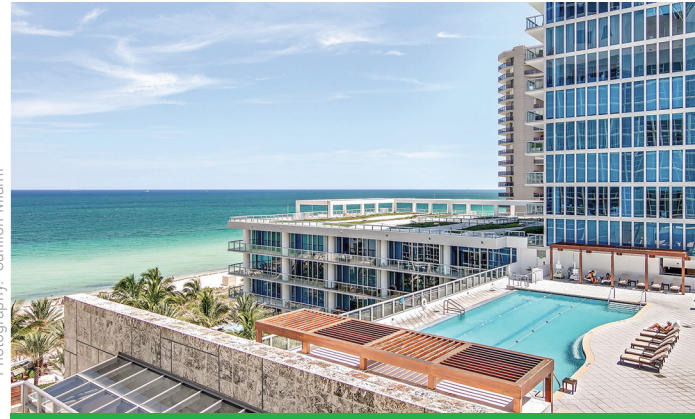


2. CARILLON MIAMI WELLNESS RESORT

6801 Collins Avenue, Miami
carillonhotel.com

Carillon Miami offers an integrative approach to wellness in a grand way. The wellness space is set in a luxurious multi-story 70,000 square foot indoor/out space with views of the Atlantic Ocean and cutting edge technology.

Photography: Carillon Miami



3. CONSERVATORIUM HOTEL

Van Baerlestraat 27, Amsterdam
conservatoriumhotel.com

Much like their sister hotel in London (Hotel Café Royal), Conservatorium is home to the amazing Akasha Holistic Wellbeing Centre that has the best gym in Amsterdam, indulgent therapies and treatments, and even a private Hamman.

Photography: Conservatorium Hotel



4. MONTAGE BEVERLY HILLS

225 North Canon Drive, Beverly Hills
montagehotels.com/beverlyhills

Luxury services and amazing spas are expected in Beverly Hills, but Montage's mineral wellness pool under the atrium is an absolute must-experience, as are the state-of-the-art diamond facials, holistic wellness therapies, and cutting edge fitness classes.

Photography: Montage Beverly Hills



5. THE PENINSULA BANGKOK

333 Charoennakorn Road, Bangkok
bangkok.peninsula.com

Bangkok can be a shock to your senses, but The Peninsula Bangkok is the perfect hotel for business or vacation travel. The Peninsula may be in the heart of the city, but the pool, tennis courts and spa make it feel like you are at a peaceful resort.

Photography: Peninsula Bangkok

